

> 08

Traditional Town Show

> 10

School's out

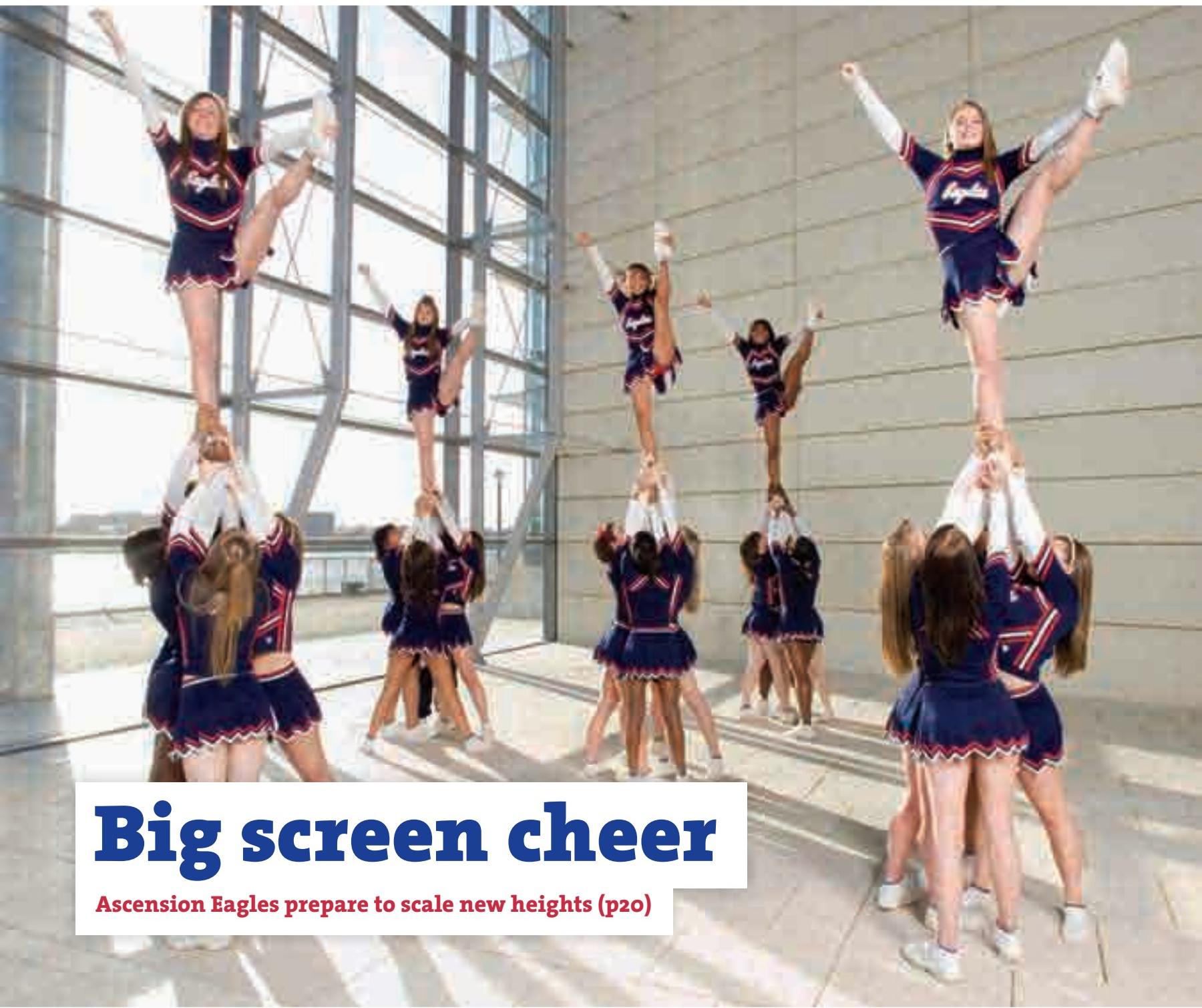
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CREATE your summer



thenewhammag

issue 198 // 25 June to 9 July 2010



Big screen cheer

Ascension Eagles prepare to scale new heights (p20)



Go along to a Summer Active Centre near you and enjoy FREE entertainment:

- Trim Trails **NEW**
- Disco dancing **NEW**
- Themed coffee mornings **NEW**
- Down Our Street **NEW**
- Dinner evenings **NEW**
- Singing **NEW**
- New Age Kurling
- Free swims (60+)
- Free swimming lessons (50+)
- Wii league
- BIG bingo!
- Health checks
- Planting and growing
- Afternoon tea and bowls
- Refreshments
- And lots more!

Available to Newham residents only.
For further information please call **020 3373 0625** or visit www.newham.gov.uk

Newham Summer Active Centres

Aged 50 or over? Come along for free activities and entertainment.

Ascension Centre

Baxter Road
Custom House E16 2PB
020 7511 1232
Tuesdays and Thursdays
10.30am - 1.30pm

Beckton Community Centre

14 East Ham Manor Way
Beckton E6 5NG
020 7511 1214
Mondays 10am - 4.30pm
Tuesdays 10.30am - 3pm
Wednesdays and Thursdays
10am - 3.30pm
Fridays 10 - 11am

Bryant Street Methodist Church

Bryant Street
Stratford E15 4RU
020 8534 0085
Tuesdays 10am - 3pm

Chandos Community Centre

Colegrave Road
Stratford E15 1DZ
020 8534 0140
Mondays 11am - 2pm

Chatsworth Community Resource Centre

4 Chatsworth Road
Stratford E15 1RE
020 8555 4477
Wednesdays 12noon - 3pm
Drop-in café available weekdays
10am - 3pm

Community Road Centre

Community Road
Stratford E15 1JT
020 8534 0664
Wednesdays 12noon - 4pm

Cundy Community Centre

Hartington Road
Custom House E16 3NP
020 7474 6056
Mondays 12noon - 3.30pm
Tuesdays - Thursdays 1 - 3pm
Sundays 7 - 10.30pm

Field Community Centre

147 Station Road
Forest Gate E7 0AE
020 8536 2800
Tuesdays 10.30am - 4.30pm
Wednesdays 12noon - 4pm
Thursdays 12.30 - 1.30pm
Fridays 10.30 - 11.15am

Granwell Community Centre

97 Whitwell Road
Plaistow E13 8DA
020 7474 5930
Thursdays 12.30 - 3pm

Grassroots

Memorial Park
West Ham E15 3DB
020 7474 6376
Tuesdays 9.30am - 12noon

Hathaway Community Centre

Hathaway Crescent
Manor Park E12 6LR
020 8548 4980
Thursdays 11.30am - 3pm

Hibiscus Community Centre

Buckingham Road
Stratford E15 1SP
020 8519 6159
Mondays 2 - 3pm
Tuesdays and Thursdays
11am - 3.30pm

Hoskins Community Centre

108 Hoskins Close
Canning Town E16 3RU
020 7511 1214
Mondays 12.30 - 2.30pm

Jack Cornwell Centre

Jack Cornwell Street
Manor Park E12 5NN
020 8553 3459
Wednesdays 10am - 1pm

Jeyes Community Centre

James Close
Plaistow E13 9BB
020 8471 5856 or
020 8548 9825
Mondays 12noon - 4pm
Tuesdays 12.30 - 4.30pm
Wednesdays 1.30 - 5pm

Katherine Road Community Centre

254 Katherine Road
Forest Gate E7 8PN
020 8548 9825
Mondays 2 - 5pm
Tuesdays 12.30 - 4pm
Thursdays 9.30am - 4pm

London Tamil Sangam

369 High Street
Manor Park E12 6PG
020 8471 7672
Tuesdays and Wednesdays
11am - 3pm

Malayalee Association of UK

671 Romford Road
Manor Park E12 5AD
020 8553 4667
Tuesdays 1 - 4pm
Thursdays 10am - 3pm

Newham African Caribbean Resource Centre

627-633 Barking Road
Plaistow E13 9EZ
020 8471 2258
Wednesdays and Thursdays
10am - 3pm

Plaistow Park Community Centre

63 Queens Road West
Plaistow E13 0PE
020 8552 1334
Tuesdays 1 - 4pm

Rokeby Centre

63 Rokeby Street
Stratford E15 3NS
020 8555 3125
Wednesdays 9.30 - 11.30am
Fridays 1 - 3pm

Sree Naryana Guru Mission

16 Barking Road
East Ham E6 3BP
020 8471 0720
Mondays and Tuesdays
10.30am - 2pm

St John's Community Centre

Albert Road
North Woolwich E16 2JB
020 7476 1666
Tuesdays 10am - 12noon
Thursdays and Fridays 1 - 3pm

St Pauls Church Centre

227 Burges Road
East Ham E6 2EU
020 8472 5531
Mondays 10am - 12noon

The Hub

123 Star Lane
Canning Town E16 4PZ
020 7473 5249
Thursdays 1 - 4pm

The Well Community Centre

49 Vicarage Lane
East Ham E6 6DQ
020 8586 7070
Tuesdays and Wednesdays
10am - 3pm

Trinity Community Centre

Bothwell Close
Canning Town E16 1QS
020 7476 5120
Mondays, Wednesdays, Fridays
9.30am - 1pm

Trinity Community Centre

East Avenue
Manor Park E12 6SG
020 8472 8947
Tuesdays 1.30 - 3.30pm
Wednesdays 1 - 3pm

Upton Centre

Claude Road
Plaistow E13 0QB
020 8552 8647
Wednesdays, Thursdays and Fridays
11am - 2pm

Woodman Community Centre

Woodman Street
North Woolwich
E16 2NF
020 7511 1214
Wednesdays 2 - 4pm

New this year

Abbey Gardens

Bakers Row
Stratford E15 3NF
Tuesdays 10am - 12.30pm
From 11 May - 30 September

Park Community Centre

Dormer Close
Stratford E15 4LQ
020 8536 2800
Thursdays 10am - 2pm
From 27 May



Summer's officially here and this issue is all about fun in the sun. CREATE10 kicks off the summer festival season (p14) while the countdown continues to the Mayor's Newham Show (p8). We shine a light on local actress Cynthia Eviro as she takes to the Theatre Royal stage (p10) while make sure you stay sun safe with our slip, slop, slap message (p12).

Have fun!

*Cllr Paul Brickell
Executive member for Olympic opportunities and public affairs*

Don't forget – If you live in Beckton, Green Street, Manor Park, Plaistow and Stratford and West Ham community forum areas, look inside for local news and events in In Focus.

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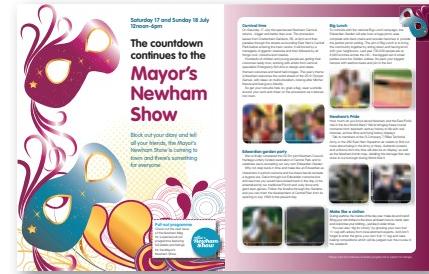
Look out for the next issue from 9 July

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IN BRIEF //

Have your say in shaping Newham's future

Give your opinion on how planning decisions are made by Newham Council through the consultation 'Choices for the Core Strategy.'

The council wants to hear your views on how their new planning policies should be shaped. These planning policy documents will set out how the borough should develop until 2027.

The consultation takes place from 28 June until 31 July.

You can find out more and fill out the questionnaire to have your say by visiting www.newham.gov.uk/planningpolicy or you can pop into the regeneration tent at the Mayor's Newham Show on 17 and 18 July. Alternatively, you can view the documents at your local library and log on there to fill in the questionnaire.

Illegal cigarettes are seized

More than 20,000 illegal cigarettes and five kilos of hand rolling tobacco have been seized by Newham Council and customs officers from a house in Beckton.

The cigarettes were not duty paid and the tobacco was also counterfeit and thought to contain higher levels of harmful chemicals and extra tar compared to legal cigarettes.

The haul – which would have evaded approximately £7,000 in duty and taxes – is believed to be from Europe and Asia. It has been taken away for further tests and destruction.

Councillor Unmesh Desai, cabinet member for crime and ASB, said: "Trading in smuggled and counterfeit tobacco isn't a harmless fiddle; it encourages otherwise law abiding citizens to deal with criminals. It will not be tolerated."

>>> Royal honour is a joy to behold

Popular councillor Joy Laguda has been awarded an MBE by HM The Queen in this year's prestigious birthday honours list.

The former nurse who has represented Plaistow North ward for 12 years is honoured for her tireless service to the people of the borough.

Councillor Laguda, executive member for older people and adults, said: "It came as a complete surprise. I would like to thank those who nominated me.

"I feel so proud to have been recognised for the work I have done. I have always tried to make a significant difference to all the communities that I come into contact with."

Mayor Sir Robin Wales said: "Joy is a role model and mentor both to other councillors and to people within the community. This honour is richly deserved."

Also on the honours list is Tom Canning, head teacher of Tollgate Primary School, Plaistow, who receives an OBE for services to local and national education. Joining him is Beryl Riches, who has worked at Selwyn Primary School, Plaistow, for 36 years. She is the school's business manager and receives an MBE for services to the school.



Prime Minister challenged on 2012 jobs

Mayor Sir Robin Wales has called on Prime Minister David Cameron to recognise that employment is the key to a lasting legacy of the 2012 Olympic and Paralympic Games.

The Mayor told the annual meeting of the House of Lords Symposium on the Olympic Legacy – held at the council's Newham Dockside offices – that there needs to be jobs to make the regeneration that comes with the Games sustainable.

Sir Robin said: "We will not be forgiven if we squander this once-in-a-lifetime opportunity. We want Government support for our existing mechanisms for getting people into employment, like Workplace, a one-stop jobs service for residents."

The meeting was attended by Lord Mawson, chair of the All Party Parliamentary Group on Urban Regeneration, Sport and Culture; John Armitt, chair of the Olympic Delivery Authority; and Baroness D'Souza, convenor of the Crossbench Peers.



Mr Armitt, Sir Robin, the Baroness and Lord Mawson



News

Looking after someone else's child?

If you're looking after someone else's child for more than 28 days you must notify Newham Council.

If the child is under 16 (or under 18 if disabled) and you're not a close relative this counts as a private fostering arrangement and the council must be notified by the child's parents or carer.

A social worker will visit the family home to check that the child or young person is, amongst other things, given regular meals, in good health and is going to school.

If you're a parent whose child is being fostered you remain responsible for the child and it's vital that you notify the council of your arrangement.

If you're a young person or child that's being privately fostered, be aware of your rights. Your carer cannot move you to live with another family, change your name, arrange for you to be married or prevent you from contacting your family.

For further information call 020 8430 2000 or visit www.newham.gov.uk/fostering

Green light for Games venue

Newham councillors have approved plans that mean organisers of the London 2012 Games can press ahead with turning the ExCeL exhibition centre in Custom House into a key venue for the Olympic and Paralympic Games.

The Strategic Development Committee granted planning permission for temporary structures to be built at ExCeL and Pontoon Dock in North Woolwich during the Games.

ExCeL will be transformed into five separate temporary arenas hosting seven Olympic sports, followed by six Paralympic sports a few weeks later. The temporary structures include security fencing, spectator access compounds, security compounds and broadcast compounds. The Pontoon Dock site will be used as a broadcast compound.

Sebastian Coe, chair of The London Organising Committee of the Olympic and Paralympic Games, said: "We are delighted to have been granted planning permission. This demonstrates how important Newham is to all our plans to put on a memorable Games."



Chorus has much to sing about

Nearly 600 pupils from 25 schools raised the roof at the Royal Festival Hall on the South Bank recently with a spectacular concert of songs.

Together the youngsters, aged from eight to 15, make up the Newham Young People's Chorus, and the concert of classical, gospel style, pop, folk and Bollywood songs celebrated the choir's sixth birthday.

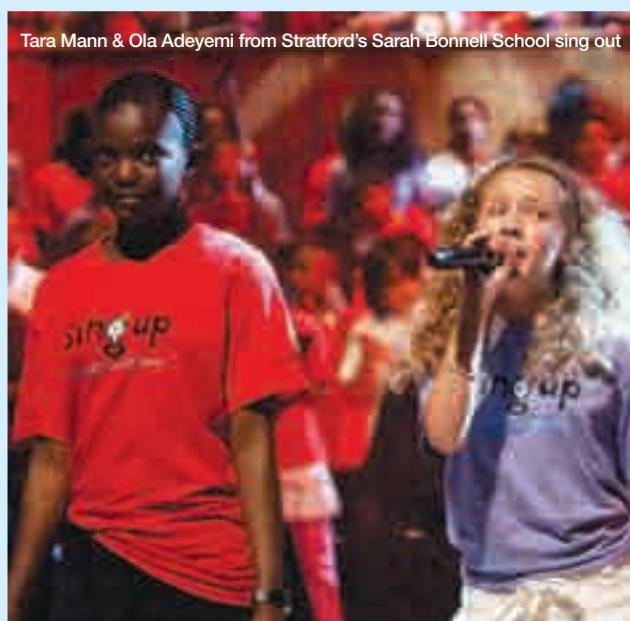
The concert called Sing Up! Sing Out! was organised by Newham Council in partnership with the East End Opera company and the IGospel group. It is part of a programme of summer events called Inspiring Young People that celebrates talent in schools.

An audience of more than 2,000 heard songs from around the world that included classics from Beethoven's *Ode to Joy* through to 1950s Bollywood classics in Hindi.

Mayor Sir Robin Wales said: "We have some amazing young people and I am delighted that they can show their talents on such a massive stage as The Royal Festival Hall."

Full details of the Inspiring Young People programme are available on the council's website at www.newham.gov.uk.

Tara Mann & Ola Adeyemi from Stratford's Sarah Bonnell School sing out



Fairness above all else

Although I write this column just before budget day, it's clear that the Government is going to bring in some vicious cuts to our public services and increase your taxes. I understand that due to the economic situation in the wake of the global financial crisis, some cuts are necessary. However, when and how deep the cuts will be concerns me. Given what has happened in the last few weeks, I wonder what has happened to the concept of fairness that our politicians are so keen to talk about.

"I believe in fairness and we are committed to continuing to provide free school meals even when the Government abandons the scheme."

There are two ways to deal with the current public sector deficit. One is to cut spending and increase taxes. The other is to continue making sensible savings whilst investing in the projects that will allow our economy to grow. In truth, there is probably a middle way involving some spending cuts

and tax increases but not so vicious that the economy plunges back into recession.

A few weeks ago the Government introduced a panic set of cuts. They slashed funding to Newham by £4.6m but wealthy Richmond only got a cut of £900,000.

When challenged in Parliament about how unfairly their cuts are being targeted, the minister responded, 'those in greatest need will inevitably take the biggest cuts'. Why? It does

not and should not have to be that way. At the election every party talked about 'fairness'. Is it fair to penalise the worst off for the mess created by wealthy bankers?

Last week the Government announced that it would not extend the free school meals pilots beyond 2011. We are one of those pilots and the costs of the free meals are shared between us and Government. I believe in free school meals for all kids. If you are on benefits you get free



Mayor's view



meals anyway. But if you are working, earning a low income, you have to fork out £330 per year for each child you have. Cutting off support at this time to hard-working families is not acceptable. I believe in fairness and we are committed to continuing to provide free school meals even when the Government abandons the scheme.

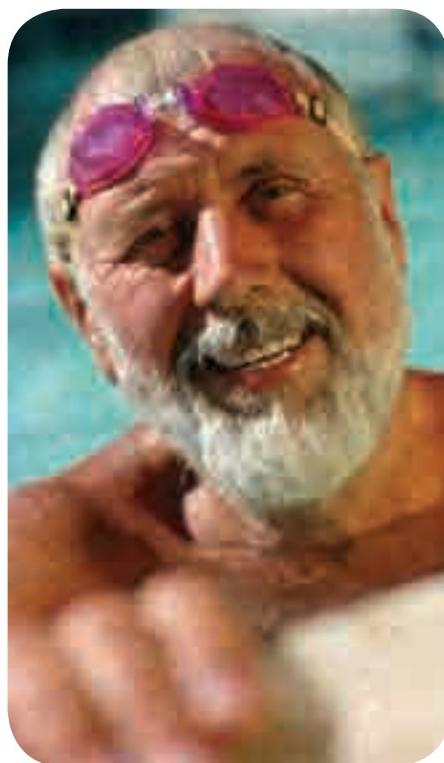
“I will do my best to defend those services which I know people in Newham value.”

I also find it bizarre that on the day the Deputy Prime Minister Nick Clegg said he wants to make children happier, the Government not only announced they would not be extending free school meals, but that they would also cut free swims for kids and the elderly. We were the first council in England to introduce free swims and we did it without any Government subsidy. When we did, many young people who could not afford to swim came into our pools. We'll keep delivering free swims for our children. Politicians are exposed through their actions rather than their words.

I know that there are cuts – savage cuts – which we will be forced to

undertake. I know that some of these will be unpleasant and difficult to make. I also know that I will do my best to defend those services which I know people in Newham value. If it is at all possible, we will continue to provide the sort of services which all our residents can benefit from because it is the right thing to do. It may be that we will have to revisit these policies. But that is what we should do as a last resort. We will not start off by cutting the things which make our society fairer.

“We will not start off by cutting the things which make our society fairer.”



with Sir Robin Wales



**Saturday 17 and Sunday 18 July
12noon-6pm**

**The countdown
continues to the
Mayor's
Newham
Show**

Block out your diary and tell all your friends, the Mayor's Newham Show is coming to town and there's something for everyone.

Pull-out programme

Check out the next issue of the Newham Mag for a special pull-out programme featuring full details and listings for the Mayor's Newham Show.

**the Mayor's
Newham
Show**



Carnival time

On Saturday 17 July the spectacular Newham Carnival returns - bigger and better than ever. The procession leaves from Cheltenham Gardens, E6, at 2pm and then parades through the streets surrounding East Ham's Central Park before entering the town centre. It will be led by a menagerie of gigantic creatures and then followed by all things cool, colourful and creative.

Hundreds of children and young people are getting their costumes ready now; working with artists from carnival specialists Emergency Exit Arts to design and create themed costumes and hand held images. This year's theme is Newham welcomes the world ahead of the 2012 Olympic Games, with ideas on multiculturalism, looking after Mother Nature and being eco-friendly.

So get your colourful hats on, grab a flag, wear a whistle around your neck and cheer on the procession as it dances into town.



Edwardian garden party

We've finally completed the £2.5m joint Newham Council-Heritage Lottery funded restoration of Central Park and to celebrate we're recreating our very own Edwardian Garden.

Why not step back in time and make like an Edwardian as characters in period costume and live brass bands recreate a bygone era. Delve through our Edwardian costume box and see how you would have looked back in the day, or be entertained by our traditional Punch and Judy show and giant lawn games. Follow the timeline through the Gardens and you can chart the development of Central Park from its opening in July 1898 to the present day.



Big Lunch

To coincide with the national Big Lunch campaign, the Edwardian Garden will also host a huge picnic area complete with deck chairs and wooden benches to provide the perfect picnic setting. The aim of Big Lunch is to bring the community together by sitting down and having lunch with your neighbours. Last year 730,000 people ate at 8,000 lunches across the UK – the biggest set of street parties since the Golden Jubilee. So pack your biggest hamper with teatime treats and join in the fun!



Newham's Pride

How much do you know about Newham and the East End's role in the two World Wars? We're bringing these crucial moments from twentieth century history to life with oral histories, archive films and living history displays.

Talk to members of the G Company 7 Rifles Territorial Army or the 282 East Ham Squadron air cadets to find out more about being in the Army or Navy. Authentic posters and uniforms from the time will also be on display; as well as the Newham bomb map, detailing the damage that was done to our borough during World War II.



Make like a civilian

During wartime, the mantra of the day was 'make do and mend'. Bring your old clothes to the show and learn how to mend, darn and customise your clothing – just like in olden times.

You can also 'dig for victory' by growing-your-own fruit 'n' veg with advice from local allotment experts. And don't forget to enter the grow-your-own fruit 'n' veg and cake baking competitions which will be judged over the course of the weekend.



Try something new this summer

**Do you dream about becoming the next James Cameron?
Could your CGI movies make it to the big screen?
Perhaps you have a longing to learn a new language, edit
your own magazine or work with some leading lights and
write your own play?**

If you're aged between eight and 19-years-old, you could do all this – and more – in Newham this summer thanks to Newham Summer School – where almost all courses are free.

The amazing array of things on offer means there'll be no room for boredom this break. The free Summer in Newham guide is out in July and will be available to pick up in schools, leisure centres, libraries and Local Service Centres. But before you dash to get your copy, here's a peek of what's in store this summer.

For the record with DJ Wonder – with Urban Development
Learn techniques to improve bars and hook writing or, if producing/beatmaking is more your thing, learn to operate logic, remix songs, record vocals and more; with grime scene pioneer DJ Wonder.

Inside computers

Get hands-on experience stripping and re-assembling computers and learn how to perform basic computer maintenance and upgrading tasks.

Candle making and glass painting

Shine a light on this introduction to candle making and glass painting. Experiment with different moulds and cause a stink with scented candles and delicate glassware.

The Junior Apprentice

You've seen the show, now have a go! Learn the basics of event management, budgeting, PR and marketing – Lord Sugar not included!

Summer Horrordays

Cue dastardly laugh as you learn to master the of horror movie genre. From script to sound, lighting to prosthetics, learn how to use stop frame animation, create special effects and produce your own horror movie.

Fashion with the Ugly Kids Club

Hang out with award-winning fashion designers, The Ugly Kids Club, and create your own unique style. Fans of the Club include Chipmunk, Cheryl Cole and Dizzee Rascal (who commissioned The Club to design the official 'Bonkers' T-shirt).

If none of this whets your appetite you can discover loads more courses in the free Summer in Newham guide – this season's must-have read. Look out for your copy in July.

CYNTHIA AIMING HIGH IN THE THEATRE SKY

Upton Park resident and recent RADA (Royal Academy of Dramatic Art) graduate, Cynthia Erivo tells us about the Theatre Royal Stratford East's new joint-production with the Barbican, *I Was Looking at the Ceiling and Then I Saw the Sky*.

Based in Los Angeles during the 1994 earthquake, *Ceiling Sky* is a love story that focuses on seven twenty-somethings as their lives become intertwined.

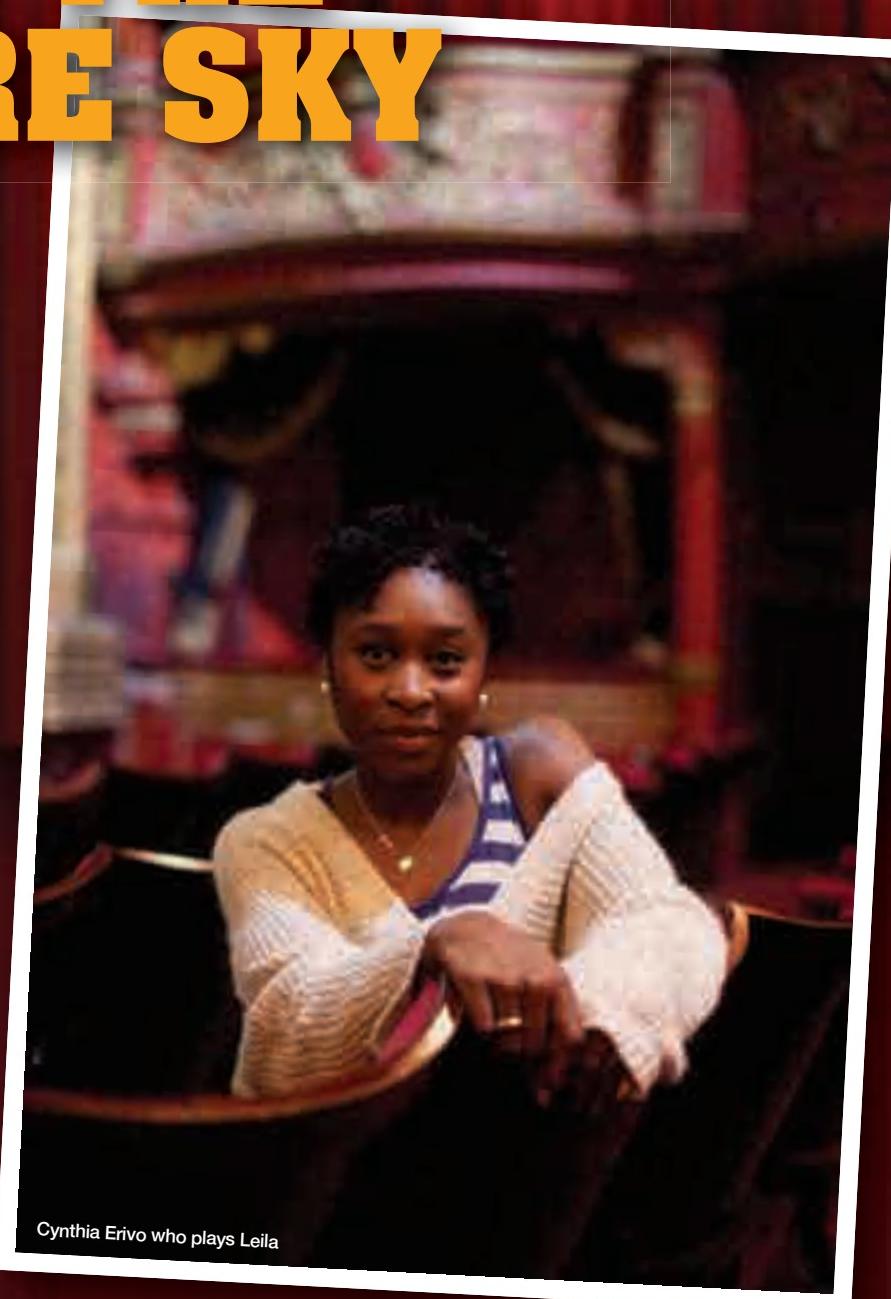
"They each go through trials and tribulations," explains Cynthia, "but it ends with hope."

Set against the historical backdrop of mid-1990s America, *Ceiling Sky* has been revived 15 years after its debut and reworked with some of the Theatre Royal's unique magic. Featuring a live eight-piece orchestra, Cynthia describes the production as a play with music.

"It's definitely not a musical, break-into song kinda show. Instead, the whole play is music, there are no spoken words in it and all speaking and dialogue is in song."

Mixing gospel, with swing, with the odd ballad and spot of R'n'B; the production is a big mix of different musical styles. "Most of the actors are singers too," explains Cynthia. "I've been singing since I was five and the music that's associated with my character Leila involves a lot of jazz."

The wealth of musical styles is matched by a variety of themes explored in the play. "You've got sex, sexuality, adultery, hope, race riots; one of the characters is from El Salvador and an immigrant and that's quite a key story. And there's love as well." Before going to RADA, Cynthia was a member of the Young Actors Company at the Theatre Royal, as well as working in the box office and bar. "Now I'm actually on the stage here it feels like I've gone full-circle," says Cynthia.



Cynthia Erivo who plays Leila

WIN, WIN, WIN!

Enter our competition to be in with a chance of winning one of four pairs of tickets to see *Ceiling Sky* at the Theatre Royal Stratford East, Gerry Raffles Square, E15, on the evening of Tuesday 13 or Wednesday 14 July. Simply answer this question:

What is the name of Cynthia's character in the play?

Send your answer with your name, address and daytime telephone number to:
Newham Mag, Newham Dockside, 1000 Dockside Road, London, E16 2QD or email: newham.mag@newham.gov.uk

The deadline for entries is Monday 5 July.



Slip, slop slap this summer

It's official – summer has begun! Before you dig out your summer glad rags and dash to soak up some rays, be a sensible sun worshipper and slap on some sun cream. NHS Newham explains why.

The sun's solar rays can be very harmful. Not only can they age you, but the sun can cause anything from sunburn to skin cancer.

Did you know that the younger the child, the thinner their skin? A baby's skin is around 20 per cent the thickness of adult skin, so it's no surprise that it can burn in as little as ten minutes. Shockingly, research shows that just six bouts of serious sunburn before the age of 18 doubles the risk of developing skin cancer as an adult.

But it's not all doom and gloom. If you play safe, you'll be safe. Always use a sunscreen with a minimum SPF rating of 15 and follow the **slip, slop, slap** message.

> **Slip on a t-shirt; cool, close-weave baggy clothing is perfect.**

> **Slop on some sunscreen; the higher the sunscreen the better the protection and apply it 15-30mins before going out so your skin has time to absorb it and then reapply often. In particular, don't forget to reapply sunscreen after you've been for a splash in the pool or sea.**

> **Slap on a hat; the wider the brim the better. Because it keeps your head cool, wearing one is the best way to avoid sunstroke.**

And don't forget to protect your peepers with a pair of wrap-around sunglasses, with 100 per cent UV protection.

The sun can penetrate the cloud too, so protection is crucial, even in what passes for a typical British summer. It's always best to enjoy the sun safely – as well as using plenty of sunscreen try to keep children in the shade.

If you've an olive/dark skin tone or tan easily don't let that fool you into thinking you'll be ok in the sun. Make sure you don't feel the burn and **slip, slop, slap** along with the rest of sun safe Newham.

Have Your Say Come and see the plans for The ArcelorMittal Orbit

A planning application has now been received by the Olympic Delivery Authority Planning Decisions Team for the ArcelorMittal Orbit, a proposed piece of public art 115m high, designed by artist and sculptor Anish Kapoor that would be a permanent visitor attraction in the Olympic Park.

To find out more and give us your views, come along to a public drop-in session.

Public drop-in sessions:

Saturday 10th July 2010

9am to 5pm

Stratford Shopping Centre

Sunday 11th July 2010

10am to 4pm

View Tube, Greenway,
near Pudding Mill Lane DLR station

Other ways to comment:

Online: www.london2012.com/planning

By post: Head of Development Control, Olympic Delivery Authority Planning Decisions Team, Mailpoint 32B, 23rd Floor, 1 Churchill Place, Canary Wharf, London, E14 5LN.

In Person: Call 020 8430 6020 to arrange to view the plans and speak to a planning officer at Planning Reception, 11 Burford Road, Stratford, E15 2ST.



The consultation period ends on **2nd August 2010**. Don't miss this opportunity to share your views.



NEW SEASON NEW STYLE

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Unit 5, Gateway Retail Park, Claps Gate Lane, Beckton E6 6LG

Allied
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TARMACADAM EXPENSIVE?

ASPHALT RESURFACING

Due to large bulk purchase reinstating public footpaths (owing to cable tv installations), we have 800 tonnes of 10mm and 6mm DBM asphalt. Suitable for drives, paths, forecourts, tennis courts, schools, industrial areas, potholes etc.

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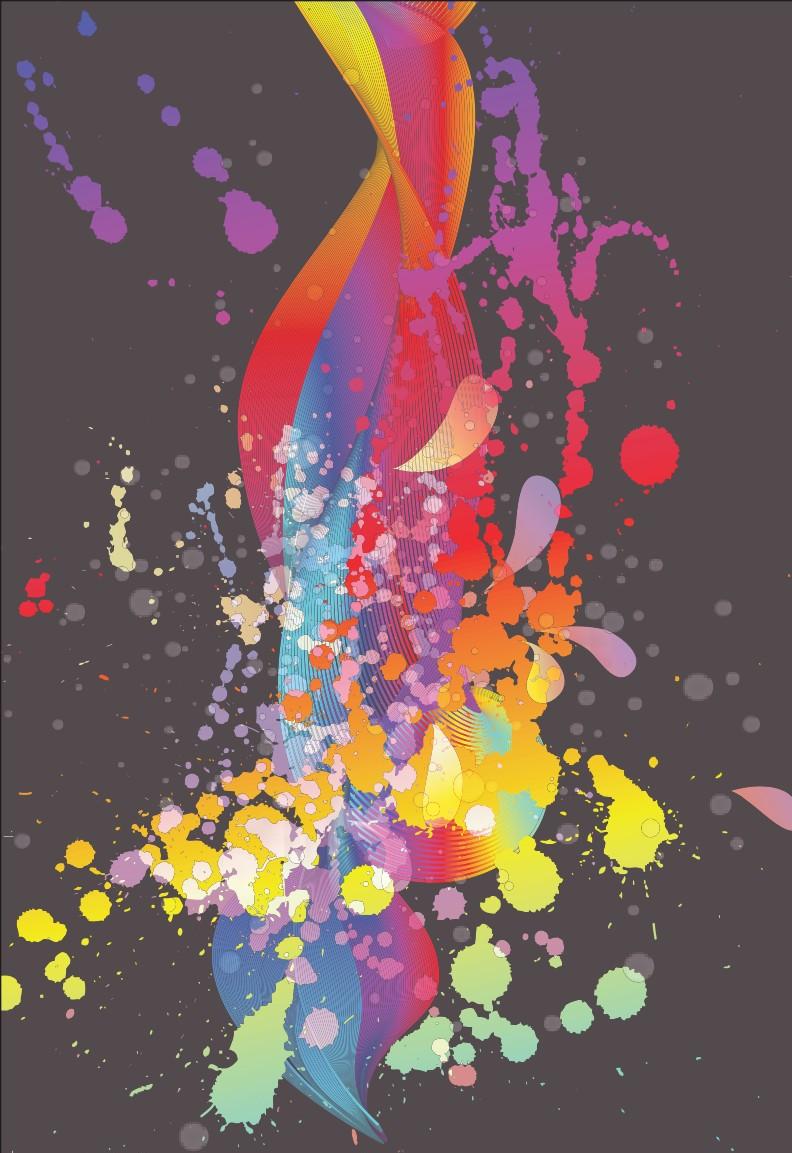
FAX: 01252 308583

EMAIL: lloydshayes@hotmail.co.uk

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Hollybush Lane, Aldershot, GU11 2PX
Head Office: 8 Clumber Road, Leicester, LE5 4HF
Co. Reg. 6711077



Arts at the heart – **CREATE10**

Believe it or not, the Olympic Games aren't only about sport. To prove it we're sharing details of a cultural programme of events and entertainment which will enlighten, engage and inspire. Newham, give yourself a LIFT and prepare for CREATE.

Following on from last year's programme, CREATE10 is here to highlight the very best talent from the five Olympic host boroughs of Newham, Hackney, Waltham Forest, Greenwich and Tower Hamlets. The programme, which also encompasses the LIFT (London International Festival of Theatre) – housed on Clarkson Road, opposite Canning Town Station – aims to create a community of culture, using the arts to showcase the talents of local people before, during and after London 2012.

There's so much happening on your doorstep we've only given you a taste of what's on. For all programme details visit: www.createlondon.org or for info about LIFT turn to page 30, or visit: www.liftfestival.com

EAT: A Feast of Strangers

This is the one time where it's ok to talk to strangers! Join world-renowned philosopher, historian and author, Theodore Zeldin, for a free lunch with a twist. As well as a menu you'll be given a menu of conversation to share with someone you've probably never met before. Be prepared to take a fresh look at the familiar.

When: Saturday 3 July, 12.30 - 3pm

Where: The Viewtube, The Greenway, Marshgate Lane, E15 2PJ

Cost: FREE. Email: bookings@hostboroughs.org.uk or call 020 8522 7185.

RUN: Run Dem Crew with Charlie Dark

Join Charlie Dark, featured in the last issue of the Mag, and other creatives with a passion for running as they take in the sights of the Olympic Park and surrounding areas.

When: Sunday 4 July, 1pm

Where: Meet at The Viewtube, The Greenway, Marshgate Lane, E15 2PJ

Cost: FREE. Email: bookings@hostboroughs.org.uk or call 020 8522 7185.

MUSIC: Tomorrow's Musicians Tonight

An evening of varied, unpredictable and stunning compositions. The evening will be hosted by FourSight, the Newham Academy of Music's ensemble-in-residence.

When: Friday 2 July, 7pm

Where: The Piano Bar, Newham Academy of Music, Wakefield Street, E6

Cost: FREE.



Drawing Together

WALK: Walking tour with Jason Bruges and Sarah Weir

Get a sneak peek of the Olympic Park from interactive architect Jason Bruges and head of arts at the Olympic Delivery Authority, Sarah Weir. Find out more about artistic projects planned for the Park, including a bridge which will allow you to virtually race Olympic champions.

When: Tuesday 6 July, 7pm

Where: Meet at The Viewtube, The Greenway, Marshgate Lane, E15 2PJ

Cost: FREE. Email: bookings@hostboroughs.org.uk or call 020 8522 7185.

LEARN: Walking tour with Richard Wentworth

Under the shadows of the emerging Olympic Park, step back in time with influential British artist Richard Wentworth as he uncovers interesting local history.

When: Thursday 8 July, 7pm

Where: The Viewtube, The Greenway, Marshgate Lane, E15 2PJ

Cost: FREE. Email: bookings@hostboroughs.org.uk or call 020 8522 7185.

TEENS: Future Histories: How can we take part?

Using music, performance, discussions and workshops, young people fresh with ideas from the Winter Olympics host city Vancouver will discuss how young Londoners can engage in the 2012 Olympic and Paralympic Games.

When: Saturday 17 July, 11am-4pm

Where: The Viewtube, The Greenway, Marshgate Lane, E15 2PJ

Cost: FREE. Email: bookings@hostboroughs.org.uk or call 020 8522 7185.

CHILDREN: Games

Help artist Ron Haselden create an animated light sculpture to trail along London's canals in 2012.

Date: Sunday 3 to Monday 12 July, 9.30am-8pm

Venue: Stratford Circus, Theatre Square, Stratford, E15

Cost: FREE.

For details visit: www.artlightslondon.com

ART: Drawing Together

Part of the Inspiring Young People programme, this exhibition includes examples of curriculum projects from Newham schools that have been developed in conjunction with the Tate Gallery and other arts organisations.

When: Tuesday 6 to Wednesday 13 July, 4-7pm

Where: University of East London, Docklands Campus, University Way, E16

Cost: FREE

ART: Portavilion bubble in Stratford Park

This mobile, bubble-shaped pavilion turns into an ever-changing social art space, giving you the chance to explore arts and culture. Enjoy nature-based acoustic gigs and audio installations using sounds from the locality, author readings and lectures on the natural environment.

When: 13 July, 3-9pm

Where: Stratford Park, West Ham Lane, Stratford E15

Cost: FREE



READER TICKET OFFER: Punchdrunk comes to Newham

The Duchess of Malfi, a 17th century tragedy of love, plotting and murder has been given the Punchdrunk treatment and is coming to Newham's Albert Basin, E16. Punchdrunk are renowned for pioneering theatre so it's no surprise that tickets for this run, from 13 to 24 July, sold out fast.

Usually priced at £38, we've secured 25 pairs of tickets for Newham residents to experience opera with a difference for £10 per ticket. To apply for your pair of tickets email: newham.mag@newham.gov.uk with your name, address, daytime telephone number and preferred performance date (this cannot be guaranteed) by Monday 5 July. Twenty-five entries, drawn at random will be contacted about performance dates. You must be available to collect your tickets from Newham Dockside, E16, between the hours of 9am and 2pm.





Newham in pictures



1 Taking it in their stride: Newham Striders lead a walk round Central Park, E6, details p29. **2** Girl racer: passing the baton at practice for the Tesco Great School Run in Newham Leisure Centre, E13. **3** Prima-ballerina strikes a pose at the live screening of the Royal Opera House's ballet bonanza in Stratford Park, E15. **4** Tabla takes over at the Sing Up! Sing Out! concert at the Royal Festival Hall, part of Newham's Inspiring Young People's Programme. **5** Olympic champs in the making: Imani Pobi da Silva and Tyesha Mattis strike a pose at East London Gym, Beckton.

Got something to
shout about? Email your
ideas to newham.mag@newham.gov.uk

YOUR SPACE

where young people take control

EYES WIDE OPEN

Ben Brannick, 15, from Stratford School in Forest Gate talks about getting inspired by Stanley Kubrick and making his own film as part of his creative and media diploma.

"When I heard we were doing a project inspired by Stanley Kubrick I was intrigued. I'd heard so much about the man, yet knew so little. I knew he was a pioneer for the film industry, and he had many controversial films – my favourite being the bits I'd seen of Dr Strangelove for its dark humour – but that was about it. I was excited to learn more.

"Myself and other students doing the diploma displayed our films, along with some photos, at our recent showcase event."

"The University of the Arts London were really helpful during this project, and taught me a lot about techniques and processes, like using cameras, and the steps needed to produce films. They used professional technical terms, so we got an understanding of what it feels like to work in films.

"During our project, we looked not only at Stanley Kubrick films, but also at other works, such as *Meshes of the Afternoon*, a very beautiful yet surreal video at the Tate Modern. Once we had done this, we started working on our own films, using the soon to be demolished caretaker's hut at Brampton Manor School as our set.

"Myself and other students doing the diploma displayed our films, along with some photos, at our recent showcase event. We found suitable spots for our films to be projected on – such as a board or a likely looking wall – set up the equipment, and let the audience look.

"I mainly chose the creative and media diploma to see what the real world of creating and creators was like, and this project definitely gave me a good insight into films and Stanley Kubrick."



2 – 17 Jul 2010 Theatre Royal Stratford East

I was looking at the ceiling and then I saw the sky

A music theatre show by **John Adams**
Lyrics by **June Jordan**

**An earthquake strikes,
seven lives change forever**

In downtown LA, the lives of seven twenty-somethings become intertwined as they strive for justice and search for love. When a catastrophic earthquake strikes, the seven are forced to face unavoidable truths and make tough choices as their lives are changed forever. John Adams' music theatre show is rich in the sounds and rhythms of American urban life.

Tickets £10 – 28

Box office **020 8534 0310**

stratfordeast.com/ceilingsky

A THEATRE ROYAL STRATFORD EAST AND BARBICAN CO-PRODUCTION

**THEATRE ROYAL
STRATFORD EAST**

barbican

Theatre Royal Stratford East is supported by

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funder of the
Barbican Centre



Where did the idea for the Ascension Eagles come from?

When I first moved to Custom House the area had the largest number of under ten-year-olds in the nation – and the lowest level of provision; this was before The Royal Docks Community School, ExCeL or Richard House had opened so the area was very different.

So I started the cheerleading as a youth outreach club – and I told the kids they could be the Ascension Angels or the Ascension Eagles – and they chose eagles. I had no idea it would end up becoming a British Championship programme.

When did you start winning championships?

When we went to our first nationals tournament in 1997 we came dead last. And the girls on that team, some of whom are still with us today, said, ‘uh-uh, that’s just not acceptable. We might be at the wrong end of the table for unemployment and poverty but we will not accept being at the bottom for cheerleading’.

So we went back, we got better, and on April 11 1998, our senior co-ed team won the National Championships.

We’ve now held that title for 13 consecutive years.

That’s quite an achievement. What other trophies have the Ascension Eagles won?

To be honest, we’ve lost count!

What I do know is that to date the Eagles have entertained over 300 million people from across the world – not counting the hits on YouTube.

At the end of last year we were crowned Number one in Europe, and in April we went to the World Championships. To qualify for this you need to be in the top one per cent of cheerleading teams in the world; out of 36 teams that made the grade, we came sixth.



Thanks to our efforts, Great Britain is now ranked as the world's third best cheer nation.

How did you feel when you were approached by Big Talk Pictures [producers of Hot Fuzz] to turn the Ascension Eagles story into a film?

The first enquiry from a film company came when we were about three-years-old and my husband and I did everything we could to discourage them. Although we had a championship title by then, we didn't know if we had championship character yet. This has to do with how you respond whether you're at the top or at the bottom, and we knew tough times

would come and that would define us.

Also, the first offers came from America and I didn't want it to be made by an American company, it needed to be a British film.

What swung it was the young people on our leadership team saying that if our story was encapsulated in a film it might really inspire people around the world and that would be something really special.

Big Talk also have the rights to turn the film into a West End musical or TV show so they're very optimistic about the film doing well.

From pom-poms to premieres

The eagle really has landed for a Newham based cheerleading team that has attracted the attention of film makers from across the globe. The Ascension Eagles are up there with the world's best teams so it's no surprise that everyone wants to tell their story. The Newham Mag got there first; we caught up with director Shara Brice who gave us this exclusive.

Will it be shot in Newham?

We're doing everything we can to encourage that. Our cheerleaders will have the opportunity to audition for the film and we would love to see local talent represented – and it'd make it a bit more authentic as well!

Gimme a 'C'!

You can join a cheerleading class at any time and with no previous experience, with ages from three to adult. For more information email Shara at director@ascensioneagles.com or visit www.ascensioneagles.com

WHAT'S ON IN YOUR NEIGHBOURHOOD

Free Beatfest festival, 8-10 July

Stratford Circus is once again heating things up for the balmy summer nights with three evenings of music and live performances.

Beatfest kicks off on Thursday 8 July with reggae, bluegrass and traditional Eastern European music from local singer/songwriter Gidon Shilker, Still House Orchestra and Paprika Reloaded.

Friday sees the New London Orchestra and Grand Union Youth Orchestra giving classical music a twist with the electric violin, a pinch of jazz, Latin rhythms and African drumming.

And the festival is wrapped up on Saturday 10 July with dub step band Nova and Rinse FM regular, DJ Wonder.

All shows take place at Stratford Circus, Theatre Square, E15 with music starting from 7pm until late.

Visit www.stratford-circus.com or call 0844

357 2625 for more information. Performances from Still House Orchestra and Paprika Reloaded cost £5 and tickets can be bought in advance; all other performances are free and you can drop-in when the mood takes you.



Be wise with your wonga

There are loads of reasons why you might want guidance on making the most of your money; perhaps you're looking to buy a house, are facing redundancy or thinking of retiring. Or maybe you just want to make the most of your dosh with information about budgeting, saving or borrowing.

Whatever your reason, the new Moneymadeclear service is free and completely impartial. Run by the Consumer Financial Education Body (CFEB) this service offers free face-to-face appointments with CFEB money guides, telephone guidance and online information to help you make informed financial decisions.

To make an appointment to see a CFEB money guide at East Ham Local Service Centre (LSC) (Tuesday mornings) or Manor Park LSC (Thursday mornings), visit any LSC or call the council's contact centre on 020 8430 2000 and ask for a Moneymadeclear appointment.

Alternatively, you can speak with a money guide over the phone. Call **0300 500 5000**, 8am-8pm Monday to Friday; the call will be charged at your normal rate. For online information visit www.moneymadeclear.org.uk



Steelband open evening

If you've ever fancied steelband drumming now's your chance to learn from the experts as the Ebony Steelband Trust's latest programme rolls into town.

Launching with an open evening on Wednesday 30 June at Katherine Road Community Centre, 254 Katherine Road, E7; from 7pm come hear a performance, learn about the programme and sign up to become a member.

Weekly classes start the following Wednesday 7 July, 7-9pm at Katherine Road Community Centre; your first session is free and then costs £2 a class.

You don't need any prior experience and the classes are only for young people aged 11-16.

For more information call Steve Lewis on 020 7792 1418 / 07949 238 300 or email steve.lewis@ebony.org.uk



Ebony Steelband members performing at Buckingham Palace

East London gem Bronco Bullfrog revived at Stratford Picture House

This leading cult film born 'n' bred in Newham has been digitally restored and is coming to Stratford Picture House for a limited time only.

The movie grew out of a documentary that director Barney Platts-Mills made about a workshop for young people at the Theatre Royal Stratford East called the Playbarn project, run by legendary British theatre director Joan Littlewood. Once the documentary was finished, the young people suggested to Platts-Mills that he should make 'a proper film', offering to act in it themselves for free. Inspired by Littlewood, he encouraged them to come up with a story based on events taken from their everyday lives in Newham, and Bronco Bullfrog was born.

Mention the Mag and get a discount!

Bronco Bullfrog is showing on Sunday 4 July, 7pm; Wednesday 7 July, 1pm; and Thursday 8 July, 8.30pm at Stratford Picture House, Salway Road, E15. Simply mention the Newham Mag at the box office and see the film for £3.50 - £4 off the standard ticket price. **For more information visit www.picturehouses.co.uk**

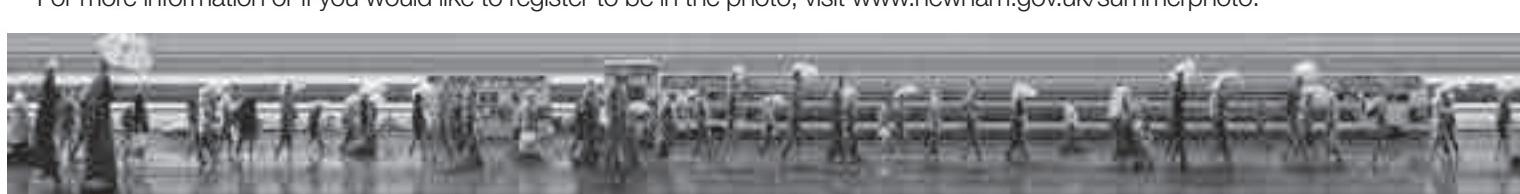
Become a work of art at the Mayor's Newham Show

World-renowned image maker Adam Magyar, in association with photo agency Rhubarb-Rhubarb, is creating a massive outdoor installation to be displayed in Stratford – and needs Newham residents to be his models. Along with young Olympic hopefuls and people from the art world, the photo shoot for the installation called *Walk for the Camera* is happening at the **Mayor's Newham Show in Central Park, E6, on Saturday 17 July, registration at information tent 4.15pm for picture taking at 5pm**.

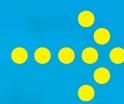
A minimum of 300 local people are needed and the finished installation will be unveiled as part of the east London photo month in October. The installation will then be on display outside Stratford Station until July 2011.

This is a great opportunity to be part of a real live art event which uses the latest technology to produce amazing images.

For more information or if you would like to register to be in the photo, visit www.newham.gov.uk/summerphoto.



Kids' Corner



PLEASE SEND YOUR DRAWINGS,
JOKES AND POEMS TO:
KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU

Jokes

Q. What do you give a sick pig?

A. Oinkment

Q. What kind of illness does Bruce Lee get?

A. Kung flu

Q. What do monsters make with cars?

A. Traffic Jam

Q. What game do cows play at parties

A. Moosical chairs

By Emira Mahrin, 9

Q. What sort of police do their work in bed?

A. Under cover agents

Q. What is the name of the shortest ever war film?

A. A bridged too far

Q. What do you call a man whose life is in ruins?

A. An Archaeologist

By Zara Choudhary, 9

Q. What accours once in a minute, twice in a moment, but never in a thousand years?

A. The letter 'M'

By Eileen Edusah, 11

GALLERY



Lugman Omari Hakim, 5



Safakassam & A Raheem, 12

Win a £10 Newham Bookshop voucher

Our friends at Newham Bookshop invite you to send in your pictures, jokes and poems to the Newham Mag to be in with the chance of winning a £10 book voucher to spend in-store at 745-747 Barking Road, E13.

Safakassam & A Raheem is this issue's winner. To be in with a chance of winning this, or another fantastic prize, send your creative creations to Kids' Corner, West Wing – Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU. Don't forget to write your name, age, address and contact telephone number on your entry. Good luck!



Spot the difference

How observant are you? Look closely at the picture on the left, then study the picture on the right to find ten differences



Poem

If an elephant wore a pair of wellies – would it be a wellyphant?

If an elephant was raspberry red and wobbly – would it be a jellyphant?

Or if you saw one on the telly – would it be a telephant?

If one was very very fat – would it be a pot-bellyphant?

Maybe if one would never ever bath – would it be a smellyphant?

Elephantasia
by Armaan Rahman, 8

Your drawing on our cover!

To celebrate our 200th issue – out on 23 July – we're inviting you to send us pictures of your favourite things about Newham. This could be sports, activities, schools, parks – anything that you think deserves to be on the cover of our anniversary issue.

Get drawing now and bring your drawing to the Mayor's Town Show on Saturday 17 and Sunday 18 July at Central Park.

Download your own cover of the Newham Mag online by visiting www.newham.gov.uk and clicking on the link to the Mag.

WHAT'S ON?

FIVE PAGES
OF ACTIVITIES
MOSTLY FREE,
ALL FUN!

To view hundreds of events, or to add your own,
log on to www.newham.gov.uk/whatson

25 JUN – 9 JULY

HOP, SKIP, PUNCH FREE FITNESS CLASSES

Not being as active as you'd like? Stop beating yourself up and hop, skip and punch your way to a fitter you.

New fitness classes for adults aged over 18 are being offered at community centres across Newham. Based on training methods used in boxing, the one-hour classes include pad work – where one person wears a pad while the other practices punching; and shadow boxing – trying out boxing moves by yourself with an imaginary opponent. Classes are taught by qualified boxing instructors from the Amateur Boxing Association of England.

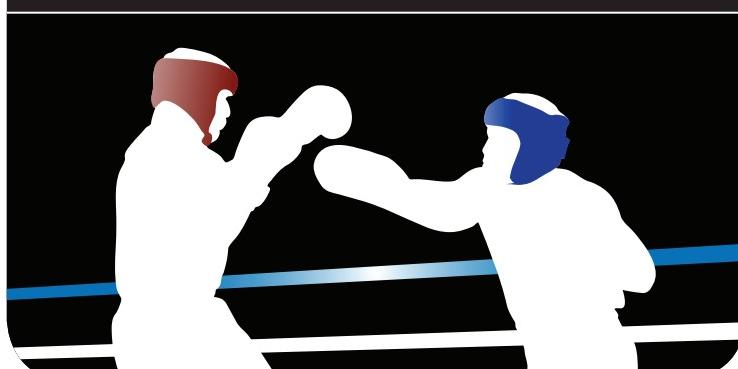
The classes are free, for all abilities and take place on:

Mondays, 4-5pm, Beckton Community Centre,
14 East Ham Manor Way, E6 (020 7511 1214)

Tuesdays, 12noon-1pm, Field Community Centre,
Field Road, E7, (020 8536 2800)

Fridays, 5-6pm, Katherine Road Community Centre,
E7, (020 8548 9825)

No booking needed – just turn up in comfortable clothes and trainers



ALL LIBRARY LISTINGS

See Library Contacts for venue details.

UNDER-5s GROUPS

All open to under-5s with their parents/carers.

Storytelling

Beckton Globe

Friday 10-11am

Canning Town

Monday 10.30-11.30am

Custom House

Tuesday 10.15-11.15am

East Ham Wednesday 2-3pm

The Gate Friday 11am-12noon

Green Street Thursday

10.30-11.30am

Manor Park Thursday

10.30-11.30am

North Woolwich

Thursday 2-3pm

Plaistow

Tuesday 11am-12noon

Stratford Tuesday 11am-

12noon and Friday 2-3pm

Crafts Club

Manor Park

Tuesday 10.30-11.30am

Toy Library

Beckton Globe Monday

10am-12noon and

Thursday 1-3pm

East Ham Tuesday

10am-12noon and Thursday

10am-12noon

Messy Play

Beckton Globe Tuesdays

during school term 1.30-

2.30pm

Imaginative Play

East Ham Friday

10.30-11.30am

ADULT READING

Adult Reading Group

The Gate Tuesday 6 July

6.30-7.30pm

Plaistow Thursday 1 July

6.45-7.45pm

Over 50s Reading Group

Beckton Globe Tuesday 6

July 9.45- 11.45am

OTHER GROUPS

Over 50s Club

Beckton Globe

Tuesday 9.45-11.45am

Click-On – computer sessions for over 50s

East Ham Friday 10am-12noon and 2-4pm

Plaistow Friday 10am-12noon and 2-4pm

ICT Surgeries

East Ham Friday 4-5pm

The Gate Thursday

10am-12noon

Manor Park Thursday 2-4pm

Writers' Group – this month's theme is *the worst job ever*

The Gate Tuesday 29 June

5.45-7.45pm

Knit & Natter – craft group for men and women of all ages and abilities.

Beckton Globe Wednesday 10am-12noon

Canning Town

Friday 10am-12noon

Movie Night – Free showing of *Sherlock Holmes* (cert.12) starring Robert Downey Jr.

Stratford Thursday 8 July 6-8pm (prompt start)

YOUNG PEOPLE

Homework Club – For young people aged seven to 14. School term and half term only.

Beckton

Tuesday 4-6pm
Canning Town
 Thursday 4-6pm
Custom House
 Thursday 4-6pm
East Ham Monday 4-6pm
The Gate Tuesday 4-6pm
Green Street Tuesday 4-6pm
Manor Park
 Thursday 4-6pm
North Woolwich
 Thursday 3.30-5.30pm
Plaistow Thursday 4-6pm
Stratford Monday 4-6pm
Games Clubs – Sony PS2 (PS3 at East Ham) and Nintendo Wii games, board games and many more free activities for ages eight to 13.
Canning Town
 Monday 3.30-5.30pm
Custom House
 Tuesday 3.30-5.30pm
East Ham
 Tuesday 3.30-5.30pm
Manor Park
 Monday 3.30-5.30pm
Stratford Playerz – Free activities for 7 to 14 year olds. Play PS3, Xbox 360 and Wii consoles.
Stratford Thursday 1 July 4 to 6pm
Teenage Games Club – PS2 and Xbox games, music, board games and many more activities for ages 12-16.
Beckton Globe Wednesday 3-5pm
Teen Xtra Evenings – Free

activities for ages 12-21.
The Gate Thursday 6-8pm
Family Reading Group – A chance for children aged five to 11 and their families to read and have fun together..
The Gate Saturday 26 June 2.30-4pm

OTHER

World Cup Games Club

Tournament – All 7 libraries that currently run Games Clubs are holding a Football Tournament. To take part, register at the Games Club.
Various Libraries Ends Friday 9 July
Afro Samurai – Free showing of the animated Manga revenge story by Takashi Okazaki (Cert.18)..
Stratford Saturday 26 June 2.30 – 3.30pm

LIBRARY CONTACTS

Beckton Globe 1 Kingsford Way, E6 5JQ. 020 8430 4063
Canning Town Barking Road, E16 4HQ. 020 7476 2696
Custom House Prince Regent Lane, E16 3JJ. 020 7476 1565
East Ham High Street South, E6 6EL. 020 8430 3647
The Gate 4-20 Woodgrange Road, Forest Gate, E7 0QH.



Football

020 8430 3838

Green Street 337-341 Green Street, E13 9AR. 020 8472 4101

Manor Park Romford Road, E12 5JY. 020 8430 2207

North Woolwich 5 Pier Parade, E16 2LJ. 020 8430 5900

Plaistow North Street, E13 9HL. 020 8472 0420

Stratford 3 The Grove, E15 1EL. 020 8430 6890

Archives and Local Studies 020 8430 6881

Community Outreach Services For more information call 020 8586 6541

SPORTS PROGRAMME

Basketball

Newham NSP (free)

- Basketball coaching, 8-19
Mon, 7.30-9pm
Little Ilford Youth Centre, E12
 - Basketball Competition, 8-19
Tues, 6-7.30pm
Lister School (Sports Hall), E13
 - 3 vs 3 league, 8-19
Thurs, 5-7pm
Forest Gate Youth Centre, E7

Football

Newham NSP (free)

Five-a-side
 - U14 & U18
Mon, 6.30-8.30pm
Newham Leisure Centre, E13
 - 11-18
Wed, 5-8pm
Priory Park MUGA, E6
 - 8-19
Wed
 - 11-18, 5-8pm
Priory Park MUGA, E6
Thurs
 - 11-18, 4-7pm
Priory Park MUGA, E6
Fri
 - U14, 4-5.30pm



ICT Surgeries



Cricket

- Girls 11+, 5.30-7pm
West Ham Community Astro Turf (Beckton)
- 11-18, 5-8pm
Forest Gate Youth Centre, E7

Air Football 16+

- Tues**
1-3pm, Stratford Park, E15
Fri
3-5pm, Beckton Powerleague
For more info visit
www.airfootball.co.uk

Ascension Football Academy

For info call Louise on 07841 749 292.
School years R-3:
9.30-10.30am
School years 4-7:
10.45-11.45am
School years 8-11:
12noon-1.30pm
All sessions £2.50
King George V Park, E16

Women United FC

Mon, 6-7.15pm, 16+
Kingsford Community School,
Kingsford Way, E6

Football and basketball

Newham All Star Sports Academy (NASSA)
- 12-16 mixed, Mon 6-7.30pm,
- 18+, 7.30-9pm, Newham Leisure Centre, E13
- 11-16 girls, Tues, 4.30-6pm, Sarah Bonnell School, E15
- Fri, 4.15-5.30pm 8-11 mixed 3.30-7.30pm, 12-16 mixed Cumberland School, E13

For more information about Newham All Star Sports Academy (NASSA) call Chris on 07932756197 or Natasha on 07985281581 or visit www.nassa2012.org.uk

Handball (free)

- Newham Flames, Tues U15, 3.30-5pm
U18, 5.30-6.30pm
Newham Leisure Centre, E13 (Multi-Sports Hub)
Call Ari Bekker on 020 8430 2484

Multi sports (free)

- Newham NSP
- Handball, football, competition 5-7pm, 8-19
Wed, Stratford Park, E12 - Coaching and competition 4-5.30pm, 8-19
Fri, St John's Community Centre, Albert Rd, E16

Athletics at Newham Leisure Centre

- Get Set Go Group, 11-16 Mon, 4-5.30pm, £1
- Met Track 10-17
Fri, 4.30-6pm

- Newham and Essex Beagles Athletics Club, 10+
Mon and Wed, 6.30-9pm;
Sun, 10am-1pm
Email jacqueline.ramsden1@btinternet.com

Cricket

- Tapeball cricket league (free) 11-15, 16+, 6-9pm
Kingsford Astro Turf
- Rokeby community cricket (free)

Wednesday 4-5pm
8-16
Rokeby School sports hall,
Pitchford Street, E15
Call Ben for info:
07971 286 254 or
email ben.chambers@newham.gov.uk

- Newham Cricket Club 8-16, £2 per session

Monday 5-7pm

Langdon School sports hall,
Sussex Road, E6
For info call: 020 8586 7070 or 07709 758 661

Boxing

- East Ham Boleyn ABC
10- years +; boys only
- Mon, Tues, Wed, 5-6pm
East Ham WMC, 2 Boleyn Road, E6
Call Daniel Penny on 07958 124 144

- West Ham Boys ABC
9-years +; boys and girls
Mon, Wed, Fri, 5-6pm

The Black Lion, 59-61 High Street, E13
Call Lianne Jameson on 020 8472 3614
- Peacock ABC 8-years +
Mon, Wed, 6-8pm
boys and girls
Caxton Street North, E16
Call Martin Bowers on 020 7511 3799

- Newham Boys ABC
6-years +; boys only
Mon, Wed, Fri, 6-7.45pm
Old Bath House
141 Church Street, E15
Call Ravinder Atwal/Joe Chapman 020 8519 5983

- Fight For Peace 11 years +; boys and girls
(Phone for session details)
Woodman Street,
North Woolwich, E16
Call Marigold Ride on 020 7474 0054

Contact clubs before visiting

Free non-contact boxing

Non-contact boxing is the perfect way to increase your fitness, lose weight, build strength and learn to defend yourself.

Osmani Boxing Club is open to males aged eight to 25 Fridays, 4-6pm Froud Centre, 1 Toronto Avenue, E12 For more information call 020 7247 8080 or email healthyfutures@osmanitrust.org

Free sports@Ascot Hall

Football, girls and boys, eight-15yrs, Sat, 10am-12pm
Street dance for girls, all ages, Sat, 12-1pm
Non-contact boxing, eight-12yrs, Sat, 2-3pm
All sessions are free, for info call 020 8430 4775
Ascot Hall, Hermit Road, E16

Newham Swords

Learn to fence with Olympic champions; from ages four to adult. The Hub in the grounds of Newham Leisure Centre, Prince Regent Lane, E13. Tuesday 6.30-9pm



Thursday 6.30-9pm
Friday 7.30-10pm
Call Linda on 07956 618 898
or visit
www.newhamswords.co.uk

Newham Striders

Free, sociable walking group that go striding in the local area seven days a week. Visit www.newham.gov.uk email paula.peatty@newham.gov.uk or call 020 8430 2000 for more information.

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Multi-Sports

New free Flying Wheels club for young wheelchair users aged 6-22. With an emphasis on wheelchair rugby and training from professional players, come experience different sports activities and health and fitness. Wednesday evenings, 7-9pm
The Hartley Centre, 267 Barking Rd, East Ham, E6
Call Eda on 020 8472 0058 for more information.
Mon, Eastlea multi-sports club for SEN & disabled young people, Eastlea Community School, E16, 4-5.30pm

Multi-Activities

People with Disabilities Club, Tues, Newham Leisure Centre, E13, 10.30am-12.30noon

Swimming for children with special needs

Tues, Newham Leisure Centre, E13, from 2.30-4pm
Call NLC on 020 7511 4477
Newham Otters Swimming Club, Sat, Newham Leisure Centre E13, 4.45-5.45pm
For more information call 020 8552 3195
The 3 Hs, Sun, Balaam Leisure Centre, E13, 12.30-2pm
For details call Zeanat 07528 562 902

Get fit for free

Free use of the gym for one year for people with learning disabilities at Newham Leisure Centre on Tuesdays from 1.30-3.30pm. To book an induction you must contact Zahra Mirza on 020 7511 4477

Goalball

First Thursday of the month at Newham Club, Brampton Manor School from 5-7pm

B1 Football Club

Third Sunday of every month at East Ham Leisure Centre from 10am-12noon

ARTS LISTINGS

Discover

Highway to 2012 Challenge

Saturday 26 and Sunday 27 June, 11am – 4.30pm
FREE for Newham residents, £4.50/ £4 concs.
Help build a massive model of the High Street 2012 in Discover's studio. Recreate your favourite building and imagine a supersonic streetscape of the future. Throughout the weekend there will be model making, art workshops, storytelling and den making in our Story Garden. And of course a street party! No need to book just drop-in.

Twisted Tales

Saturday 3 and Sunday 4 July, 11.30am and 2.30pm
Tickets: Newham resident £4
Become Story Hunters in this brilliant workshop based on mixed up traditional stories. Nothing is quite as it seems in the Discover Forest, rumours are afoot and strange sightings have occurred.

Beastie by Lone Twin

Saturday 10 and Sunday 11 July

11.30am and 2pm

Tickets: £6

Take a magical adventure with Lone Twin this summer. Inspired by the imagination of young people, this is an innovative participatory performance for children aged 6-10, lasting 90 minutes. Part of CREATE10

For more information visit <http://www.discover.org.uk> or call 020 8536 5555.

Stratford Circus

Across the Deep Blue Sea

Saturday 26 June, 3pm
Tickets: £6 / £5 concs.
A tiny boat, a little lost man and the great wide ocean. How did he get there, how can he get home, and why do those fish keep biting him on the bottom!

Theatre Royal Stratford East

I was looking at the ceiling and then I saw the sky

2 - 17 July
Tickets £10-£28
Set in Los Angeles, the show focuses on the lives of seven twenty-somethings as they become intertwined on their journey toward love and self-discovery.
When a catastrophic earthquake occurs, they are forced to confront unavoidable truths and their lives become irrevocably changed.

Newham Art School of A&Z

Outdoor drawing lessons

Central Park, bus stop opposite the White Horse Pub, East Ham
Thursdays until 29 July, 6.15-7.30pm
Cost: small contribution or free for concs.
Just drop-by or for more information call 020 8471 0576.



COMMITTEE MEETINGS

The following meetings all take place at the Newham Town Hall unless specified.

Licensing (2003 Act) Sub-Committee

Monday 28 June, 10am

Audit Board

Mon 28 June, 7pm

Strategic Development Committee

Tues 29 June, 7pm

Investment and Accounts Committee

Wed 30 June, 6.30pm

Mayoral Proceedings

Thurs 1 July, 10am

Health and Social Care Scrutiny Commission

Tues 6 July, 7pm

Mayoral Proceedings

Thurs 8 July, 10am

Public Transport Liaison Group

Thurs 8 July, 6pm

Newham Community and Police Forum

Thurs 8 July, 7pm

The Forward Plan, also available on the Newham website, sets out all Key Decisions to be taken over the next four month period. The June Edition of the Forward Plan was published on 17 May 2010.

MEET THE MAYOR

Mayor's Question Time

Where ever you live in Newham, pose your questions to the Mayor on: Monday 28 June, 7-8.15pm, Newham Town Hall, Barking Road, E6. Saturday 3 July, 10-11.15am, Old Town Hall, Stratford, E15

Mayor's surgeries

One-to-one meetings. No appointment needed; please arrive promptly at start of surgery
Saturday 26 June, 9-10am, Manor Park Local Service Centre, 685-689 Romford Road, E12
Thursday 1 July, 12noon-1pm, Stratford Local Service Centre, 112-118 The Grove, E15

OTHER LISTINGS

LIFT

The LIFT (the London International Festival of Theatre) is ready to turn heads in Canning Town with its urban theatre which uses the streets as the stage. Find out more at www.liftfestival.com

Here's a taste of what you can expect at the LIFT on Clarkson Road, opposite

Canning Town Station.

LIFT: Back to Back Theatre Residency

Sunday 27 June, 1pm, FREE
In workshops, actors from Back to Back Theatre have been working with people with disabilities from Newham to create a brand new show – an experiment – that gets right at the heart of why we look at things the way we do.

LIFT: Home Sweet Home by Subject to change

15-17 July, 12noon-6pm, FREE
Personalise a cardboard house and become part of a perfectly formed, miniature community. Over three days neighbours can visit the community and introduce themselves, exploring the community as it develops. On the final day a street party will bring together all the residents.

LIFT: Music for Seven Ice Cream Vans

Saturday 17 July, around 7.30pm, FREE
Listen out for the gentle symphony of seven ice cream vans, starting at The

Lift and then weaving its way around Canning Town. Created by award-winning composer of film, television and theatre music Dan Jones, Music for Seven Ice Cream Vans will be played across the city, with each ice cream van playing a separate part of the score.

Royal Docks Learning & Activities Centre (formerly St John's Community Centre)

Creative craft
Produce beautiful items using knitting, crochet, embroidery and more; suitable for all abilities. Saturdays starting 3 July, 12.30-2.30pm, Cost: £1

International dressmaking

Saturdays starting 3 July, 10am-12noon, Cost: £1
Learn to produce garments from your own designs, improve and learn new dressmaking skills; you need previous sewing experience

Both at the centre on Albert Rd, North Woolwich, E16. For more information call Jackie on 020 7476 9922

USEFUL NUMBERS

020 8430 2000

Hundreds of services, just one number – for all council enquiries

For questions about councillor surgeries or to find out which ward you live in, call 020 8430 2000 or visit www.newham.gov.uk/yourcouncillor

Write to the Mayor at Newham Town Hall, Barking Road, London, E6 2RP or email mayor@newham.gov.uk

For information about Community Forums freephone 0800 519 4015 or email community.forums@newham.gov.uk

For information about the 2012 Games and how it will affect Newham, visit www.newham.gov.uk/2012Games

To report anti-social behaviour call Newham's 24-hour hotline on 0800 731 3300

To speak to the Newham Mag team, call 020 8430 2000 or email newham.mag@newham.gov.uk

TV TIMES THEATRE VENTURE'S SUMMER FESTIVAL

Stratford-based Theatre Venture bring three brilliant events to the borough as part of CREATE10.

5 Stories

Explore inter-generational influences - identity, food and family – as seen by five communities: Anchor House, St John's Community Centre, Shpresa, Act Up and YOCA (Youth of Creative Arts), on Sunday 4 July, 4pm

Drama Programme

Theatre Venture's weekly drama students

take to the stage.

Saturday Drama School, 3 July at 2pm; Youth Company, 5 July at 8.30pm
Adult Performance Ensemble and Actors with Learning Difficulties, 5 July at 6pm.

Triple-bill

Kingsford Community School presents GOB (55mins); Eastlea Community School presents When Chaplin met Gandhi (in Canning Town!) (20mins); and The Royal Docks Community School presents Canning Town – The Truth Behind the Name! (15mins). 30

June and Thursday 1 July at 7pm.
All

performances take place at The Lift, Clarkson Road, E16 (opposite Canning Town Station). Tickets range from £2-£5; book for any two shows and get each ticket for half price.

Subject to availability, telephone bookings only. Call 0844 357 2625 or visit www.stratford-circus.com for more information.



NEWHAM SERVICES FORUM

TO ADVERTISE IN THE NEWHAM SERVICES FORUM PLEASE CONTACT JULIE MADELL ON 07890 529 090



Parliamentary Election East Ham and West Ham constituencies

I, the undersigned, acting returning officer for the above constituencies hereby give notice that I have received the returns and declaration as to election expenses of the under-mentioned candidates and election agents:-

East Ham Constituency Candidates

Paul he~~s~~
Judy Maciejowska
Chris ric~~B~~
Stephen im~~ri~~
Barry O'Gon

West Ham Constituency Candidates

Stan Gain
Virginia Nor
Jane ithg~~ow~~
Kamran Malik
Grace gbAgun-Toko
Martin ier~~E~~
Michael David
Lyn ro~~an~~
Kim Gan

Candidates Agents

Alex M~~du~~
Jane Lithgow
Graham awR
Unmesh ~~des~~
Andrew b~~one~~

Candidates Agents

Peter Vickers
Barbara os~~es~~
Ken yleL
Shahzeb qball
Grace gbAgun-Toko
Trevor at~~ton~~
Robert nd~~ews~~
John aGr
Kim Gan

These returns and declarations (including the accompanying documents) can be inspected at Room 38, Newham Town Hall, East Ham, E6 2RP during office hours within the next 2 years.

Joe Duckworth
Acting Returning Officer



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Just place your flowers, weeds, grass cuttings and small branches in normal black refuse sacks, then call us on **020 8430 2000** or visit **newham.gov.uk** to book a collection.



Play your part for a Cleaner, Greener Newham.



visit newham.gov.uk
call 020 8430 2000



the Mayor's Newham Show

Featuring the
Newham
Village
Fete

DONKEY RIDES



GROW
YOUR
OWN



The Real
Beach



Saturday 17 & Sunday 18 July
12noon-6pm

Central Park,
High Street South,
East Ham E6

Filled to the brim with fantastic
fun for the whole family!

PLUS the spectacular
Newham Carnival!

For info call 020 8430 2000
www.newham.com/summer

No public parking, please use public transport
Tube: East Ham Station
Buses: 58, 104, 101, 115 to Central Park
5, 147, 238 to Barking Road

Disabled Parking, toilets and access

This event takes place on grass.
You may be searched as a condition of entry.
No glass bottles or dogs.

Brought to you by the
Mayor of Newham